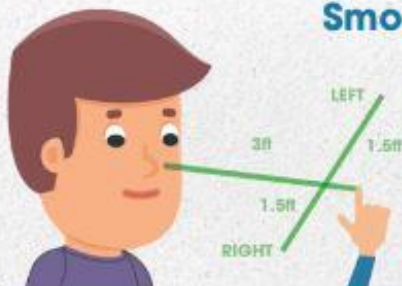


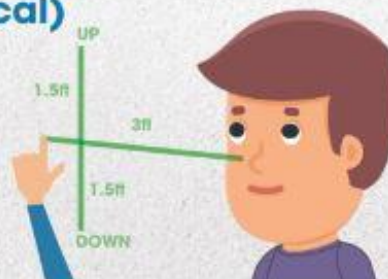
Vestibular/Ocular-Motor Screening (VOMS)

Smooth Pursuits (Horizontal & Vertical)

Tests ability to follow a slowly moving target

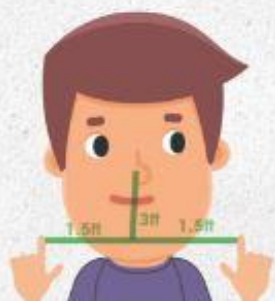


Both patient and clinician are seated
Patient follows finger with eyes
Do NOT move head, just eyes
2 reps at rate of 2 sec / rep
Rate symptoms (0-10)
Complete for both horizontal & vertical

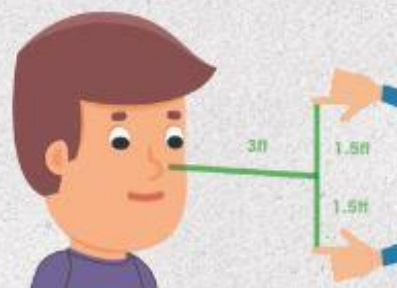


Saccades (Horizontal & Vertical)

Tests ability of eyes to move quickly between targets



Both patient and clinician are seated
Clinician holds fingers 3' apart
Patient initially looks L-R
Do NOT move head, just eyes
10 reps as quickly as possible
Rate symptoms (0-10)
Repeat with patient looking Up-Down



Convergence

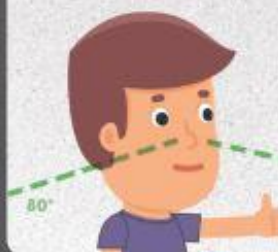
Measures ability to view a near target without double vision

Patient holds target with 14-point font "X" at arms length
Patient brings target toward eyes focusing on the "X"
Stop when they see double
Clinician measures distance from tip of nose to target (cm)
Repeat 3x; record all 3
Rate symptoms (0-10)



Visual Motion Sensitivity

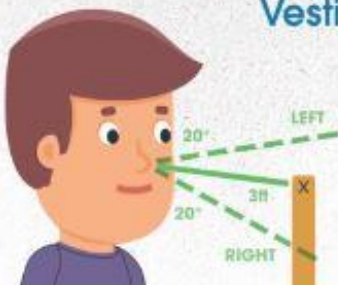
Tests visual motion sensitivity & ability to inhibit vestibular induced eye movements using vision



Patient holds arm outstretched in front with thumbs up
Turn body as a unit to L-R 80 deg from midline focusing on thumb
Use metronome 50 bpm
Repeat 5 revolutions
Rate symptoms (0-10)

Vestibular-Ocular Reflex (Horizontal & Vertical)

Assess ability to stabilize vision as head moves



Clinician holds target 3' from patient's eye level
Patient initially turns head L-R 10x
Keep eyes focused on target
Use metronome 180 bpm
Wait 10 seconds
Rate symptoms (0-10)
Repeat with patient looking Up-Down



Visit natafoundation.org/for-the-profession for more info including the NATA Foundation e-article on VOMS

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- Kontos AP, Sufirinko A, Elbin RJ, Puskar A, Collins MW. Reliability and associated risk factors for performance on the vestibular/ocular motor screening (VOMS) tool in healthy collegiate athletes. *Am J Sports Med.* 2016;44:1400-1406.
- Mucha A, Collins MW, et al. A brief vestibular/ocular motor screening (VOMS) assessment to evaluate concussions: preliminary findings. *Am J Sports Med.* 2014;42:2479-2486.

