



MCA In Touch

Your monthly news and events update from
the Minnesota Chiropractic Association

October 2022

Association News

Mark Your Calendar for ChiroKids Day! October 27

Children are special, and each year we like to make a day all about them. Check out our [MCA ChiroKids Day toolkit](#) for resources to celebrate the kids in your community. You can also order capes for your young patients. Capes are sold in bundles of 5. [Learn more.](#)



Immune Health by Dr. David R. Seaman

David Seaman, DC, MS, recently wrote an article titled “How to better deal with the coming cold, flu, and COVID season.” In it, he discusses how the COVID-19 pandemic inspired him to do further research into viruses and shares tips for staying healthy this fall and winter. [Read the article here.](#)

Join Us for the MCA Awards Gala

Save the date for the event of the year! MCA will host its Awards Gala on Friday, Nov. 18 at Leopold's Mississippi Gardens in Minneapolis. Join your MCA colleagues for dinner and drinks, get your photos taken by our photographer, and enjoy an evening of celebration. This year's theme, “Remembering the Past, Building the Future,” will celebrate MCA through the years, reminding us that we are stronger together. [Learn more and register here!](#)



MCA Awards Gala
Friday, Nov. 18, 5:30 p.m.
Leopold's Mississippi Gardens
Minneapolis, Minn.

[REGISTER FOR GALA](#)

Thank You to Our Gala Sponsors



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Recipient Gala Sponsor*



Make your voice and the voice of your patients heard.
Contribute to MCPAC now!

accounts.

Donations made to MCPAC can ONLY be made from personal

District News



Northwest: In September, the Northwest district held their annual pheasant hunt and seminar. The event had a great turnout and attendees enjoyed hearing from MCA President Dr. Jake Dalbec and Dr. Cathie Hengel Borud during continuing education sessions throughout the day. The Northwest District plans to meet again in December or January, location TBD.



Southeast: The Southeast district met at Little Thistle Beer in Rochester on Oct. 18 for networking and a CE credit presentation on professional boundaries.

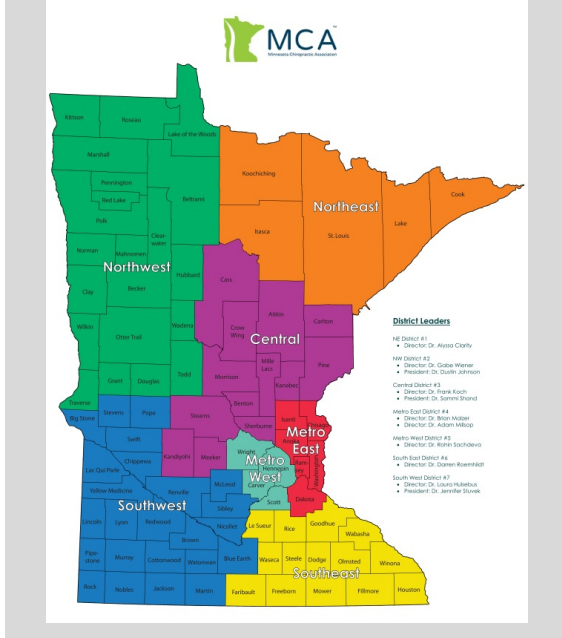


Metro West: On Oct. 19, members of the Metro West district and District Director Dr. Rohin Sachdeva held an in-person meeting at Pinstripes to meet the new MCA Executive Director, Brenda Toler, and enjoy an evening of networking and community. "It was a great night and a wonderful opportunity to meet some of our members," Toler said.

GET Featured here!

We want to hear from you. Tell us about an event you worked in your community, or share about your team or your practice. If it is special to you, it is special to us. Let's share it with your colleagues. Reach out to MCA or your District Leader to submit an item for the newsletter.

District Leaders



Central: Dr. Sammi Shand
drsammi@chiroperformancecenter.com

Metro East: Dr. Adam Millsop
amillsopdc@gmail.com

Metro West: Dr. Rohin Sachdeva
drrohin@chanhaussenchiro.com

Northeast: Dr. Alyssa Clarity
alyssaclaritydc@gmail.com

Northwest: Dr. Dustin Johnson
dlchiro@arvig.net

Southeast: Dr. Darren Roemhildt
darrenr@drdarrenowatonna.com

Southwest: Dr. Jennifer Stuvek
jenniferstuvek@hotmail.com

Are you interested in setting up or sharing an event in your area? Reach out to your [district leader](#) or contact the MCA office 651-358-2200.

National News

Advocating for Expanding Medicare and Medicaid Coverage

In June, Northwestern Health Sciences University (NWHU) released a new policy paper, "[Closing Conservative Care Coverage Gaps in Medicare and Medicaid](#)," in which Drs. Michele Maiers and Chuck Sawyer focus on the need to expand coverage for chiropractic and acupuncture services for 64 million older Americans, along with low-income individuals and families who are enrolled in the Medical Assistance insurance program. The paper is the latest in a series from the [Center for Healthcare Innovation and Policy](#) and has been sent to key members of Congress, including all House and Senate members from Minnesota, as well as several Federal agencies.

The need to increase patient access to non-pharmacologic pain management was also the focus of an op-ed piece authored by Dr. Maiers, [published in The Hill](#). A similar article was also [published in MedCity News](#), an online news source for innovation in healthcare.

For the chiropractic profession, this is a critical time to support the American Chiropractic Association's efforts to influence members of Congress to pass **The Chiropractic Medicare Coverage Modernization Act (S. 4042/H.R. 2654)**. Visit acatoday.org/Medicare for more information, and contact your legislators using [ACA's simple online tool](#).

ACA Urges Chiropractic Profession, Patients to Make Voices Heard on Campaign Trail

As the congressional midterm campaigns begin to heat up, ACA is asking all chiropractors, chiropractic students and patients to be aware of the high stakes associated with this year's election and to help make [chiropractic's presence](#) known. For a complete chiropractic Get Out The Vote guide, visit www.acatoday.org/GOTV.

**Register Now for Engage 2023:
 Early Bird Ends Nov. 7!**

Only a few more weeks to register and save! Early-bird registration for ACA Engage 2023 ends Nov. 7. Engage 2023 will take place in Washington, D.C., Jan. 25-28, 2023. With education offerings, networking opportunities, presentations from renowned leaders, panel discussions, and social events, ACA Engage will provide attendees with a one-of-a-kind conference experience.

Check out this year's [ACA Engage 2023 schedule](#) to see all the conference has to offer, and [register here](#) before registration rates increase!



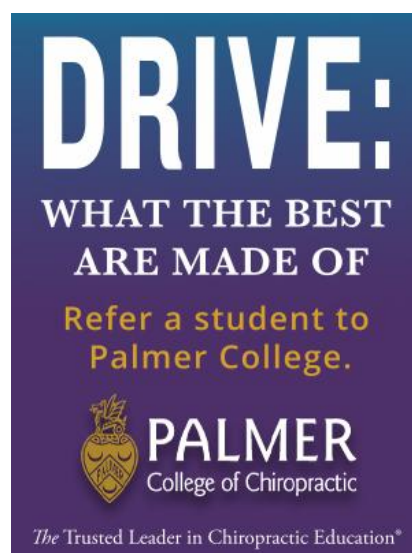
Professional Development

These upcoming classes are sponsored by:



- Oct. 26: Sports Medicine Radiology: A Case Based Approach (X-ray CE)
- Oct. 27: Part III Fall Back in line with your Chiropractic Front Desk Procedures
- Nov. 2: MCA Healthcare for DCs, Families, Staff and More (No CE)

[More Classes](#)



Classified Ads

[Practices for Sale](#)



Practice Opportunities, Inc.

Bridging the Gap Between Chiropractic Buyers and Sellers

PRACTICE OPPORTUNITIES: MINNESOTA PRACTICES FOR SALE

- **St. Louis Park:** Great opportunity in dynamic location. Cash practice. Tonal adjusting. 50 patient visits per week. \$60 pva. Steady growth! Asking only \$70,000. Terms negotiable.
- **Edina:** Excellent lease location. Div./Act. Fully equipped office. Priced to sell at \$65,000.
- **Coon Rapids:** Long established practice. Doctor retiring. Sale includes professional bldg., and seller assistance to assure smooth transition. Financing available.
- **Forest Lake area off I-35:** Well established practice. Doctor retiring. 3 days per week. Voluminous patient files.
- **Western MN:** Very profitable practice and attractively furnished brick building. Solid, secure income. Fully equipped office including x-ray. Wonderful community and lifestyle, with good schools and recreation.
- **Eagan/Apple Valley area:** Exceptional lease/location in Eagan/Apple Valley area. Long established practice with excellent reputation. Gross \$219,081. Low overhead. Fully equipped including X-Ray. Balanced payor mix 40% self pay. Asking only \$148,000. Financing available.
- **Wheaton:** 40+ years established diversified practice for 1-1/2 – 2 Doctors. 200+ DOT physicals per year. Only chiropractic clinic in Traverse County, MN. 2400 sq. ft. building is well equipped – including digital X-Ray. Private parking lot accommodates 14 – 16 vehicles. Knowledgeable staff. Owner is willing to stay for smooth transition.

Contact: Loren Martin
Practice Opportunities, Inc.
Phone: (952) 953-9444
www.practiceop.com
Email: martin@practiceop.com

98% Cash Chiropractic Practice for Sale in Rochester, Minn., Area

Thriving, 98% cash chiropractic practice for sale just south of Rochester, Minn.! Get all the advantages of a smaller town, south of Rochester & 1-hr to the Twin Cities! Collecting avg of \$600,000+/yr on 21 hrs/wk! Buy with as little as \$30k down!

[Get more info here](#) or email info@strategiccdc.com.



22-Year-Old Practice for Sale in Owatonna

[Dow Chiropractic](#) is located in downtown Owatonna and offers prime rental space. Currently holds two renters. This 22-year old practice has great growth potential for the right doctor.

[Read more](#) about this amazing property.

Minneapolis Chiropractic Practice for Sale

Shepherd Chiropractic Clinic: Great opportunity to buy a smaller, well-established practice (30-years) with a loyal, diverse patient base.

Visit [MCA's Classifieds page](#) for more information, or contact Dr. Bob directly at 612-872-9133 or drbob@shepherdchiroclinic.com.

Prime Office Space Available: Wayzata, Minn., Practice Location

MWF: Furnished and equipped large treatment room available; second room available to set-up as your therapy room, with space for a private desk and file

Golden Opportunity in Sunny San Diego

Own a lucrative chiropractic, acupuncture, and massage family practice in San Diego! This is an extraordinary chance to step into a profitable practice, offered at an amazing price, located in

cabinet, etc. Reception area with reception desk also can be used on MWF. New carpet and paint. First floor location, lots of adjacent parking. Nice set-up for a part-time doctor!

Visit [MCA's Classifieds page](#) for more information, or contact Dr. Claussen at 952-473-3336.

the gorgeous suburb of Rancho Bernardo.

To get all the details on the office setting, demographics, income, pricing, photos, and much more, just [visit our website](#) or contact Jeff Oslance, DC, at 858-705-5810, or email jeffoslancedc@gmail.com.

Jobs

Associate Chiropractor Wanted: Brooklyn Center

If you're an energetic, patient-oriented doctor looking for an opportunity to contribute your drive, talent and superior work ethic to help our patients, then Brookdale Health may be the right match for you. Hard work and commitment to patients is the primary reason for our continued success at Brookdale Health over the last 40 years.

For more information, visit [MCA's Classifieds page](#) or check out [our website](#). If you want to learn more and be part of a high performance, motivated team, please email your resume and cover letter to ajohnson@brookdalehealth.com.

Front Desk Chiropractic Assistant

We are a busy personal injury practice serving the Twin City Metropolitan area. We are seeking a front desk chiropractic assistant wishing to join our passionate team of healthcare providers and staff. We are dedicated to making a massive positive impact in our community through providing excellent personal injury healthcare, insurance based healthcare, and wellness based healthcare services to our community.

To learn more, visit [MCA's Classifieds page](#).

To apply, email your resume to Celia Garcia at latinbus@gmail.com.



Immediate Opening for a Full-Time Chiropractor

Immediate opening for a full-time chiropractor to join a busy, well-established clinic in Bismarck, N.D. Join a dynamic wellness team of 3 chiropractors, 1 massage therapist, a nutritionist, and a great front desk crew.

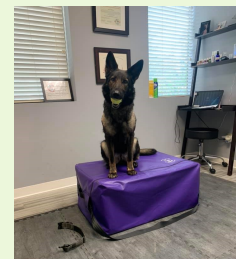
Visit [MCA's Classifieds page](#) for more information, check out [our website](#), or submit your letter of intent to dr.derosier@chirocc.com.



Chiropractic Associate Wanted: Alexandria

Central Lakes Chiropractic Clinic: This is a busy diversified family practice located in Alexandria, MN with two full time doctors and excellent staff. We're excited to add an associate, who is interested in a planned thoughtful buy-in timeline.

For more information, contact Dr. Barbara at (312)763-9711 or dr.derosier@chirocc.com



Eden Prairie, Minn., Perpetual Motion Animal Chiropractic

An established small animal chiropractic specific clinic is seeking another chiropractic doctor certified and trained in animal chiropractic care to join the team. This position requires flexibility to start out part time and grow into a full-time position with some coverage when the current doctor is away.

For more information, visit [MCA's Classifieds page](#), or contact Dr. Rebecca Amstutz

Are You a Seasoned Chiropractor Looking to Slow Down a Bit?

We are looking for a part time chiropractor in beautiful Billings, Mont., for a family practice with 2 locations. Hours can range from 20-30 hours a week depending on your needs. (we could do full time if needed as well)

We have a phenomenal team atmosphere and we are looking to add one more chiropractor to our team. If you are interested in coming to work and only focusing on outstanding patient care, then we are interested in talking to you.

For more information, visit [our website](#) or send Dr. Kim a text at 406-697-6006.

Wanted: Full-Time Associate Doctor of Chiropractic

Our team is looking for an energetic and self-motivated chiropractor to help serve our community. This is an opportunity to join an established firm with a team that puts clients first. We offer diversified chiropractic techniques to fit each individual patient's needs and for all ages, along with offering animal chiropractic. We have 2 locations in Little Falls (one for Humans and one for Animals), as well as, mobile services by appointment and oftentimes for animal chiropractic.

Visit [MCA's Classifieds page](#) for more information, or email deann@paradoxchiropractic.com.

Additional Listings

Zenith 210 HL and File Cabinets For Sale

Zenith 210 in good working order.

- Needs upholstery.
- Has Gonstead toggle switch
- Asking \$500 OBO

Call or Text Dr. David Geary (952) 393-7225
drgeary@valleychiroassoc.com



Are You a Chiropractor Looking for Time Off?

Chiropractic Practice Relief (CPR) is now scheduling! Doctor of Chiropractic with 23 years of successful private practice and locum tenens experience is available to keep your practice running smoothly. Whether you need to recharge with time off, attend to family business, or schedule recovery time from illness or surgery, studies show practice relief **MAKES** you money, it doesn't **COST** you money!! Text us with your requested dates and we will reply within 24 hours. Chiropractic Practice Relief **507-602-0333**. *** Website coming soon!***

Practice Relief Doctor of Chiropractic (Locum Tenens)

Dedicated to treating a bridge of communication between the patient and the regular doctor taking a break, by applying chiropractic treatment in a like manner. I'm experienced with over 35 years in private practice so you can be confident that your practice routine and patients would be in good hands during a break. Michael R. Lamppa, DC, (612) 968-8132 or lamppadc@yahoo.com.

Are you looking to hire? Do you want to sell or buy? Let MCA help you. For more information click [HERE](#).

An advertisement for NCMIC (National Chiropractic Mutual Insurance Company). The background is a solid dark blue. On the left, the NCMIC logo is at the top. Below it, the text 'We take care of *you* first.' is displayed, with 'you' in a yellow script font. Underneath this are four bullet points, each with a yellow circle containing a white 'X' or checkmark: 'Not quotas.', 'Not our executives.', 'Not stockholders.', and 'You.' with a checkmark. At the bottom left is the text 'Learn more >'. On the right side of the ad is a photograph of a female chiropractor with glasses adjusting the neck of a male patient lying on a treatment table. A white box with the text 'WE TAKE CARE OF OUR OWN.' is overlaid on the bottom right of the ad, with a line pointing towards the photo.

Not currently an MCA member?

Become a member [online](#) or by [mail](#) and join the MCA community today!

Let's Connect!



Minnesota Chiropractic Association
info@mnchiro.com | (651) 358-2200

Minnesota Chiropractic Association | 1360 University Ave. W. Suite 104-125 | St. Paul, MN 55104 US

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