



January 2024

Association News

A Message from the MCA Vice President

Happy New Year! I am so honored, as your Vice President, to be writing to you this month.

So often at this time of year, we reflect on what was done last year – our triumphs, our not-so-triumphs. But what if we buck the system and look ahead? Look ahead to the new year at our feet. The possibilities. The excitement!

We have a year of amazing things coming – Day at the Capitol, our exciting Gala, golf outing, summits, continuing education, hunting trips, and more! In the next six months and beyond, the MCA will be continuing our work with Northwestern Health Sciences University and the Alumni Association to form a deeper bond, one that will continue to support and encourage our up-and-coming generation! I remember getting very close to graduation and being so nervous about what the future held; our goal is to lessen that anxiety (because, let's be honest, nothing can make that go away!). We want to ensure our students and new grads have the support and confidence they need to carry on our great profession! From Grand Rounds and Lunch and Learns during the year to our soon-to-be launched Young Practitioners Group – we want our newest generation to know how much we value them and wish for their success.



**Dr. Michelle
Norton-Fleming
MCA Vice-President**

The MCA has been – and will continue to be – hard at work with our lobbyists and legislators to continue to fight for Provider Tax changes as well as MA Expansion and Provider Parity. These are both heavy lifts and we can use all the help we can get! The Day at the Capitol is the perfect time to come down, connect with your colleagues, and help with this fight. It will look a little different this year; I'd hate to spoil the surprise, so you'll have to log in to your MCA and read all about it!

The Gala will – of course – be the celebration of our year! A time when we gather to celebrate and honor our friends, colleagues, mentors, and more. A time to reflect on those lost but never forgotten. A time to put your dancing shoes on and show people what we can do with a good metatarsal adjustment! A time to simply come together and know you are never alone with the MCA.

These are only just a snippet of the events and updates for the year. I along with your executive committee are so grateful for each and every member, business member, and future members. None of this can be done without the help of volunteers. Are you frustrated with something happening in your business? Let us know – become a part of the solution and help us fight for you, for chiropractic in the State of Minnesota! Every day we have the ability to make a difference for ourselves, our families, our patients, our profession and every day the MCA is here for you. Let's begin our year strong and passionate about what is to come! Thank you so much and I hope to see you all throughout the year at our events!

Sincerely,
Michelle Norton Fleming, MCA Vice President

2024 MCA Events

2024 MCA Sports Council

Mark Your Calendars!
**Annual MCA Sports Council
Meeting is scheduled for
Saturday, May 4**



MCA Gala 2024

MCA's Annual Gala will take place **Saturday, April 13** at the Radisson Blu Mall of America in Bloomington. Stay tuned for more information about award nominations. [Registration is now open](#) — save when you register early!

The early-bird price is \$89.00/seat, or purchase a table for \$600 (\$75/each). Don't wait, ticket prices will more than double if you wait too long.



MCA Annual Golf Outing 2024

We will be returning to the Legends Golf Course on Monday, June 3 for MCA's Golf



Outing. We hope you can join us!

Member Benefits

MCA Members, did you know your membership covers F4CP.org membership?

A graphic for the Discourse forum. It features a dark blue background with a white handshake icon in the center. Above the handshake are two speech bubbles, one green and one white. To the left of the handshake are two colored squares, one orange and one green. In the bottom left corner is the MCA logo, which includes a white silhouette of the state of Minnesota and the letters 'MCA'. To the right of the handshake, the text 'Did you know?' is written in white, followed by a paragraph: 'Discourse is your hub for connecting with MCA colleagues! Ask questions, exchange ideas, build relationships and more on MCA's member forum.' Below this, the text 'Remember, we are stronger together!' is written in white. At the bottom right is a green button with the text 'Visit the forum' in white.

Did you know?

Discourse is your hub for connecting with MCA colleagues! Ask questions, exchange ideas, build relationships and more on MCA's member forum.

**Remember,
we are stronger together!**

Visit the forum

Connect with the Profession at Clinical Compass

MCA members now have access to a wealth of evidence-based resources offered by the Clinical Compass. Learn more at clinicalcompass.org and get your login information on [MCA's Discourse forum page here](#).

MCA Health Care: Did you know you have the option of a healthcare package that is designed for our chiropractors in Minnesota? This is just one of the many member benefits that MCA brings you. Learn more or join today at mnchiro.com.

Legislative & PAC Fund

Day At The Capitol

Join us on Feb. 22 for MCA Day at the Capitol.
When you sign up, you will receive a code



to receive 4 FREE CEs. These CEs are good throughout 2024.

To prepare, find [your representatives](#) on the Legislature website.

Coffee and tea will be ready for you as you enter and make your way to the Governors Dining Room, where you will check in and receive your packet.

[Register Now](#)



MCPAC

MCPAC is the only political action committee in Minnesota with the primary mission of electing and supporting those who are pro-chiropractic. MCPAC allows Minnesota chiropractors to pool their financial resources together, regardless of their political affiliations, to support and protect our profession. We are stronger together. Make your voice and the voice of your patients heard. [Contribute to MCPAC now!](#)

Donations made to MCPAC can ONLY be made from personal accounts.

If you are interested in learning more about the Legislative Committee, [click here](#).

District News

Seeking Southwest District Director

Southwest doctors, are you looking to be more involved? Looking to help your profession? Reach out to the MCA office if you are interested in becoming the next Southwest District Director.



District Leaders

Central: Dr. Andrea Albertson
andrea.ohmann20@gmail.com

Dr. Sammi Shand
drammi@chiroperformancecenter.com

Metros: Dr. Rohin Sachdeva
drrohin@chanhaussenchiro.com

Dr. Christopher Dean
drdean@premiersportsandspine.com

Northeast: Dr. Alyssa Clarity
alyssaclaritydc@gmail.com

Northwest: Dr. Gabe Wiener
gabewiener@hotmail.com

Dr. Dustin Johnson

Hey Members!
Look for more district dinners with
CE opportunities coming in 2024!

It pays to be a member!

Are you interested in setting up or
sharing an event in your area? Reach
out to your [district leader](#) or contact
the MCA office at 651-358-2200.

dlchiro@arvig.net

Southeast: Dr. Darren Roemhildt
darrenr@drdarrenowatonna.com

Dr. Roger Marquardt
drmarquardt@aol.com

Southwest: DISTRICT DIRECTOR OPEN

*We want to hear from you. Tell us about an event you worked in your community, or share about
your team or your practice. If it is special to you, it is special to us. Let's share it with your
colleagues. Reach out to MCA or your District Leader to submit an item for the newsletter.*

National News

Follow Along with ACA Engage 2024 in the Conference Daily

Not able to attend Engage but want to know what's going on? Want the most important updates while you're at the conference? Follow along with ACA Engage 2024 in the *Conference Daily* newsletter on the ACA Blog. Each day of the conference, the Daily will bring you information and announcements directly from the conference, including award winners and election results, lobbying updates and pictures of attendees. Follow along on the [ACA Blog](#)!

Watch Your Inbox, Mailbox for the Clinician Practice Information Survey

ACA is joining more than 170 healthcare groups in support of a national study to collect data that will be used to accurately determine physician practice expenses. Information collected through the Physician Practice Information Survey/Clinician Practice Information Survey (PPI/CPI) will help policymakers to better understand the costs associated with modern physician practices and to support physician payment advocacy. Chiropractors across the profession will be randomly selected to participate and contacted by mail, email and phone. It's vital that all who are selected participate in order that sufficient data is collected to influence future physician payment levels. [Learn more in this Q&A](#) with ACA coding experts Drs. Leo Bronston and Kris Anderson.

Professional Development

Upcoming Education

- **Feb. 15 at 12:15 p.m.:** Canine Orthotics and Braces, What You Need to Know
- **March 7 at 12:15 p.m.:** ICD-10 and Chiropractic for 2024

[More Classes](#)



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We take care of *you* first.

- ✗ Not quotas.
- ✗ Not our executives.
- ✗ Not stockholders.
- ✓ **You.**

Learn more ›

WE TAKE CARE OF **OUR OWN.**

Classified Ads

Jobs

- **Associate Doctor of Chiropractic Wanted:** Opp Family Chiropractic of St. Francis
 - **Chiropractor Wanted:** Cornerstone Wellness Center in St. Peter
 - **Associate Chiropractor Wanted:** Woodlands Chiropractic in St. Cloud
-

Practices for Sale

- **Wisconsin Practices for Sale from Practice Opportunities, Inc:**
 - Central Wisconsin
 - Elkhorn
 - Fond du Lac
 - Manitowoc
 - Sheboygan
 - Walworth
 - **Profitable & Rooted Chiropractic Practice Including Real Estate - Northern MN**
-

[Check Out All Classifieds](#)

Are you looking to hire? Do you want to sell or buy? Let MCA help you. For more information click [HERE](#).



Let's Connect!



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