



MCA In Touch

Your monthly news and events update from
the Minnesota Chiropractic Association

December 2022



Association News

Year In Review

Can you believe we are at the end of the calendar year and we are halfway through our fiscal year?! Which also means we are more than halfway through my tenure as President. This holiday season, I have a lot to be thankful for! I wanted to send a quick thank you to those that have rejoined the MCA and those that are new to the MCA this year. Whether you are a student, first year grad or one that has been practicing for multiple years, we are glad to have you as a member. I am also thankful for you members that have been members through thick and thin, thank you for your membership and continued support.

I look forward to sharing some excitingly great news with all of you at our MCA Annual Meeting coming up in April (stay tuned for a date, but it will be virtual again this year). I also want to say thank you to the Pediatric council. You Doctors crushed it and put together a great Summit event that saw 58 Attendants come and learn some pretty cool stuff.

If you have not checked out our webinars, we have some great ones. And some new ones from some of our new ABMs. Remember that members get FOUR FREE CEUS each year and expires each calendar year. So our code, 4FREE2022, is almost up! But there's still time to get those last minute CEUs in! Our education committee is hard at work trying to fill 2023 with great new webinar content.

The 2023 calendar year has some pretty cool things to look forward to! There will be a Sports Council Summit, The Day at the Capitol and CEU event will be in the Vault Room on the capitol grounds, the golf outing is returning, the 25th annual Pheasant Hunt and many more! We are in a great position as an association, and we are stronger together! I wish you all a Happy Holiday Season and that



Jake Dalbec, DC
MCA President

you all see growth in your practices in 2023!

Peace,

Jake Dalbec, DC, CCSP, EMT



Mary Beth Minser, DC was given the **Life Time Achievement award** for everything she has done to help our profession and MCA. Dr. Minser's reaction was priceless. There was not a dry eye in the audience...or on stage.

**CONGRATULATIONS
DR. MINSER!**

Congratulations to all
our Recipients!



First MCA Pediatric Summit was held in December at NWSU.

A day filled with education and networking.

Thank you to our sponsors and our attendees.

Watch for our 2nd Annual Pediatric Summit coming in 2023!



Pediatric doctors around Minnesota gathered together to celebrate our children patients.

Children were able to get SuperKid capes, coloring book and even chiropractic children's books to share.



A group of Minnesota Chiropractors were invited to work at the World Games this past year.



In person district meetings started again. It was great to be able to connect with everyone. MCA's Executive Director was able to meet several people this year at the events and district meetings. "It was exciting to meet everyone and we are looking forward to another great year" Executive Director, Brenda Toler stated.



MCA Executive Director, Brenda Toler, started this year. Her connections, experience with associations and passion for chiropractic enabled her to hit the ground running. Her moto is: "We are stronger together"

You can reach Brenda: btoler@mnchiro.com

LEGISLATIVE YEAR IN REVIEW

Mark Your Calendars: 2023 LOBBY DAY MARCH 9, 2023

- Our legislation to prohibit insurers from terminating a provider contract without cause made it into the House version of the Commerce Omnibus Bill. Though ultimately not passed into law, it is queued up for favorable action in 2023.
- We protected the chiropractic profession by preventing other provider types from encroaching on our scope of practice.
- MCPAC helped to get another chiropractor elected to the Minnesota legislature.

2023 you will see a drop in the Provider Tax from its current rate of 1.8% down to 1.6%. This is based on some contingency factors that were passed in by the legislature in 2011. The Provider Tax will return to its standard rate of 1.8% in calendar year 2024.



MCPAC

Make your voice and the voice of your patients heard.
Contribute to MCPAC now!

accounts.

Donations made to MCPAC can ONLY be made from personal

MCA Business Partner Message



Practice Opportunities, Inc.

Bridging the Gap Between Chiropractic Buyers and Sellers

Thinking of selling a practice? Here is information our business partner wants to share....

Practice Sale - The Role of a Practice Broker

Whether or not a broker is involved, the sale of your practice, or purchase of a practice, is an important and multi-faceted decision and process.

The selling doctor should have a practice appraisal conducted and packaged in a comprehensive manner. Avoid 'rule of thumb' formulas because they do not value the practice's future income. Selling doctors need to be prepared before receiving buyer inquiries. A buyer's starting point is to search and research practice for sale opportunities.

[Read the full article](#)

District News

GET Featured here!

We want to hear from you. Tell us about an event you worked in your community, or share about your team or your practice. If it is special to you, it is special to us. Let's share it with your colleagues. Reach out to MCA or your District Leader to submit an item for the newsletter.



District Leaders

Central: Dr. Sammi Shand

drsammi@chiroperformancecenter.com

Metro East: Dr. Adam Millsop

amillsopdc@gmail.com

Metro West: Dr. Rohin Sachdeva

drrohin@chanhaussenchiro.com

Northeast: Dr. Alyssa Clarity

alyssaclaritydc@gmail.com

Northwest: Dr. Dustin Johnson

dichiro@arvig.net

Southeast: Dr. Darren Roemhildt

darrenr@drdarrenowatonna.com

Southwest: Dr. Jennifer Stuvek

jenniferstuvek@hotmail.com

Are you interested in setting up or sharing an event in your area? Reach out to your [district leader](#) or contact the MCA office 651-358-2200.

National News

ACA's Annual Meeting and
Conference

Advance Discount Extended
Through Dec. 30!

By popular demand, advance registration rates have been extended through Friday, Dec. 30. You now have more time to register and take advantage of our final available registration discount. With social events, education offerings, networking opportunities, and up to 20 CE credits, [ACA Engage 2023](#) offers you a top-tier conference experience at an affordable rate. Check out this year's [ACA Engage 2023 schedule](#) to see what all our program has to offer, and [register here!](#) You can also visit the [ACA Blog](#) for Q&As with Engage presenters.

Save up to \$100 dollars by taking advantage of this discount!

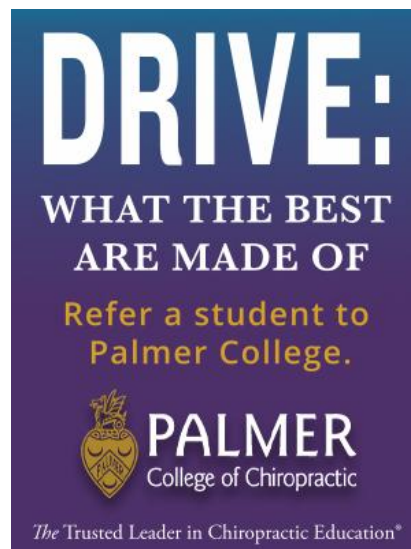
This is your FINAL chance to save on registration options .

ACA Continues Push for Medicare Coverage and Reimbursement Reform

In a [letter to congressional leaders](#) last week, ACA president Michele Maiers, DC, MPH, PhD, urged Capitol Hill to pass the [Chiropractic Medicare Coverage Modernization Act \(H.R. 2654/S. 4042\)](#) before the end of the current session. Together with our coalition partners, ACA also continues to push for [relief from scheduled cuts](#) to the Medicare Physician Fee Schedule (MPFS). See the full array of ACA and coalition letters and comments to Congress and federal agencies [here](#).



CE Classes

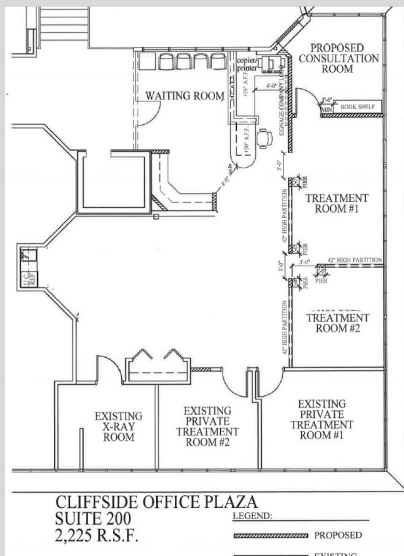


Classified Ads

Practices for Sale

PRACTICE FOR SALE IN THE NORTHEAST SUBURB OF ST. PAUL MN

Practice is located in a beautiful upscale Office Village Center just off a busy highway with a grocery store and strip mall close by. [READ MORE](#)



FURNISHED CHIROPRACTIC OFFICE FOR LEASE EAGAN, MN practice location.

All furnishings and equipment available. Xray room within the space. Both private and open treatment rooms / areas. Beautifully appointed office with lots of glass! Built ins throughout! Office is visible from building entry. ADA accessible entry along with elevator. 2,225 s.f. with space for PT and other wellness practitioners. Abundant, free parking. Sublease or new lease available. Easy access off Hwy. 35E, Cliff Road and Hwy. 77! Available Now! Contact Barb Ankrum for more information or to see the space 651-482-9668 www.officehere.com, bankrum@officehere.com

Furnished Chiropractic Office for Lease: Eagan, Minn.

Private and open treatment rooms, x-ray room, all furnishings and equipment available. Beautiful office space with lots of glass and built-ins throughout. ADA accessible entry, elevator access, free parking. 2,225 sq. feet. Easy access off Hwy. 35E, Cliff Road, Hwy. 77. Contact Barb Ankrum at bankrum@officehere.com for more information, or visit www.officehere.com.



Practice Opportunities, Inc.

Bridging the Gap Between Chiropractic Buyers and Sellers

PRACTICE OPPORTUNITIES: MINNESOTA PRACTICES FOR SALE

- **St. Louis Park:** Great opportunity in dynamic location. Cash practice. Tonal adjusting. 50 patient visits per week. \$60 pva. Steady growth! Asking only \$70,000. Terms negotiable.
- **Edina:** Excellent lease location. Div./Act. Fully equipped office. Priced to sell at \$65,000.
- **Coon Rapids:** Long established practice. Doctor retiring. Sale includes professional bldg., and seller assistance to assure smooth transition. Financing available.
- **Forest Lake area off I-35:** Well established practice. Doctor retiring. 3 days per week. Voluminous patient files.
- **Western MN:** Very profitable practice and attractively furnished brick building. Solid, secure income. Fully equipped office including x-ray. Wonderful community and lifestyle, with good schools and recreation.
- **Eagan/Apple Valley area:** Exceptional lease/location in Eagan/Apple Valley area. Long established practice with excellent reputation. Gross \$219,081. Low overhead. Fully equipped including X-Ray. Balanced payor mix 40% self pay. Asking only \$148,000. Financing available.
- **Wheaton:** 40+ years established diversified practice for 1-1/2 – 2 Doctors. 200+ DOT physicals per year. Only chiropractic clinic in Traverse County, MN. 2400 sq. ft. building is well equipped – including digital X-Ray. Private parking lot accommodates 14 – 16 vehicles. Knowledgeable staff. Owner is willing to stay for smooth transition.

Contact: Loren Martin
Practice Opportunities, Inc.
Phone: (952) 953-9444
www.practiceop.com
Email: martin@practiceop.com

Thriving, 98% cash chiropractic practice for sale just south of Rochester, Minn.! Get all the advantages of a smaller town, south of Rochester & 1-hr to the Twin Cities! Collecting avg of \$600,000+/yr on 21 hrs/wk! Buy with as little as \$30k down!

[Get more info here](#) or email info@strategiccdc.com.

Shepherd Chiropractic Clinic: Great opportunity to buy a smaller, well-established practice (30-years) with a loyal, diverse patient base.

Visit [MCA's Classifieds page](#) for more information, or contact Dr. Bob directly at 612-872-9133 or drbob@shepherdchiroclinic.com.

Prime Office Space Available: Wayzata, Minn., Practice Location

MWF: Furnished and equipped large treatment room available; second room available to set-up as your therapy room, with space for a private desk and file cabinet, etc. Reception area with reception desk also can be used on MWF. New carpet and paint. First floor location, lots of adjacent parking. Nice set-up for a part-time doctor!

Visit [MCA's Classifieds page](#) for more information, or contact Dr. Claussen at 952-473-3336.

Golden Opportunity in Sunny San Diego

Own a lucrative chiropractic, acupuncture, and massage family practice in San Diego! This is an extraordinary chance to step into a profitable practice, offered at an amazing price, located in the gorgeous suburb of Rancho Bernardo.

To get all the details on the office setting, demographics, income, pricing, photos, and much more, just [visit our website](#) or contact Jeff Oslance, DC, at 858-705-5810, or email jeffoslancedc@gmail.com.

Jobs

ASSOCIATE CHIROPRACTOR WANTED @ POWER WITHIN CHIROPRACTIC OF ELK RIVER - ELK RIVER, MN

If you're an energetic, patient-oriented doctor looking for an opportunity to contribute your skill sets, talent, drive, and superior work ethic to help our patients, then Power Within Chiropractic of Elk River may be the right match for you. Hard work and commitment to patients is the primary reason for our continued success at Power Within Chiropractic over the last 45 years in the Elk River community.

Our practice techniques include diversified technique, drop table, applied kinesiology, nutritional testing, and rehabilitation exercise and techniques in our clinic. We also utilize physiotherapies in our office such as STIM, US, Shockwave, Laser, Kinesiotape, Guasha, etc. We work directly with local MDs, Orthopedic Physicians, and Physical Therapists allowing for the best quality care for our patients.

We are looking for a part-time associate chiropractor who has the option of growth within a short time period into a fulltime position, if wanted. Must be a self-motivated individual with a caring and kind personality and be willing to work as part of a team. We are looking for the right individual who wants to be a long term member of our team. Must have an active MN state license and be in good standing with the chiropractic board. Also must have malpractice insurance.

Current Clinic hours are:

Monday: 8-6, Tuesday: 8-5, Wednesday: 8-6, Thursday: 1-5pm, Friday: 8-1. No weekends.

Check us out: <https://www.powerwithinchiroofelkriver.com>

If you want to learn more and be part of a high-performance, motivated team, please email your resume and cover letter to drharpdc@gmail.com

Associate Chiropractor Wanted: Brooklyn Center

If you're an energetic, patient-oriented doctor looking for an opportunity to contribute your drive, talent and superior work ethic to help our patients, then Brookdale Health may be the right match for you. Hard work and commitment to patients is the primary reason for our continued success at Brookdale Health over the last 40 years.

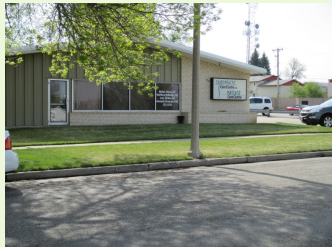
For more information, visit [MCA's Classifieds page](#) or check out [our website](#). If you want to learn more and be part of a high performance, motivated team, please email your resume and cover letter to ajohnson@brookdalehealth.com.

Front Desk Chiropractic Assistant

We are a busy personal injury practice serving the Twin City Metropolitan area. We are seeking a front desk chiropractic assistant wishing to join our passionate team of healthcare providers and staff. We are dedicated to making a massive positive impact in our community through providing excellent personal injury healthcare, insurance based healthcare, and wellness based healthcare services to our community.

To learn more, visit [MCA's Classifieds page](#).

To apply, email your resume to Celia Garcia at latinbus@gmail.com.



Immediate Opening for a Full-Time Chiropractor

Immediate opening for a full-time chiropractor to join a busy, well-established clinic in Bismarck, N.D. Join a dynamic wellness team of 3 chiropractors, 1 massage therapist, a nutritionist, and a great front desk crew.

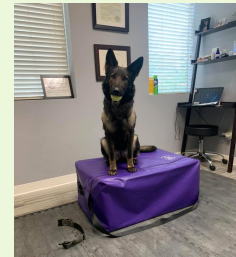
Visit [MCA's Classifieds page](#) for more information, check out [our website](#)



Chiropractic Associate Wanted: Alexandria

Central Lakes Chiropractic Clinic: This is a busy diversified family practice located in Alexandria, MN with two full time doctors and excellent staff. We're excited to add an associate, who is interested in a planned thoughtful buy-in timeline.

For more information, contact Dr. Barbara at (312)763-9711 or dr.derosier@chirocc.com



Eden Prairie, Minn., Perpetual Motion Animal Chiropractic

An established small animal chiropractic specific clinic is seeking another chiropractic doctor certified and trained in animal chiropractic care to join the team. This position requires flexibility to start out part time and grow into a full-time position with some coverage when the current doctor is away.

For more information, visit [MCA's Classifieds page](#), or contact Dr. Rebecca Amstutz at drbecca@perpetualmotionchiro.com or 612-709-2675.

Are You a Seasoned Chiropractor Looking to Slow Down a Bit?

We are looking for a part time chiropractor in beautiful Billings, Mont., for a family practice with 2 locations. Hours can range from 20-30 hours a week depending on your needs. (we

Wanted: Full-Time Associate Doctor of Chiropractic

Our team is looking for an energetic and self-motivated chiropractor to help serve our community. This is an opportunity to join an established firm with a team that puts clients

could do full time if needed as well)
We have a phenomenal team atmosphere and we are looking to add one more chiropractor to our team. If you are interested in coming to work and only focusing on outstanding patient care, then we are interested in talking to you.

For more information, visit [our website](#) or send Dr. Kim a text at 406-697-6006.

first. We offer diversified chiropractic techniques to fit each individual patient's needs and for all ages, along with offering animal chiropractic. We have 2 locations in Little Falls (one for Humans and one for Animals), as well as, mobile services by appointment and oftentimes for animal chiropractic.

Visit [MCA's Classifieds page](#) for more information, or email deann@paradoxchiropractic.com.

Additional Listings

Full X-ray System For Sale: \$7,000 OBO

Bennett x-ray machine, around 20 years old, and Naomi Digital Processor, about 12 years old. Everything was reviewed by an x-ray professional last spring. They are happy to move the whole system and set it up at a new location. Contact Dr. Paul Hjort at drpaul@hjortchiropractic.com or 320-262-4924 for more information

Are You a Chiropractor Looking for Time Off?

Chiropractic Practice Relief (CPR) is now scheduling! Doctor of Chiropractic with 23 years of successful private practice and locum tenens experience is available to keep your practice running smoothly. Whether you need to recharge with time off, attend to family business, or schedule recovery time from illness or surgery, studies show practice relief MAKES you money, it doesn't COST you money!! Text us with your requested dates and we will reply within 24 hours. Chiropractic Practice Relief **507-602-0333**. *** Website coming soon!***

Practice Relief Doctor of Chiropractic (Locum Tenens)

Dedicated to treating a bridge of communication between the patient and the regular doctor taking a break, by applying chiropractic treatment in a like manner. I'm experienced with over 35 years in private practice so you can be confident that your practice routine and patients would be in good hands during a break. Michael R. Lampa, DC, (612) 968-8132 or lamppadc@yahoo.com.

Are you looking to hire? Do you want to sell or buy? Let MCA help you. For more information click [HERE](#).





We take care of *you* first.

- ✗ Not quotas.
- ✗ Not our executives.
- ✗ Not stockholders.
- ✓ **You.**

Learn more ›

WE TAKE
CARE OF
**OUR
OWN.**



Not currently an MCA member?

Become a member [online](#) or by [mail](#) and join the MCA community today!

Let's Connect!



Minnesota Chiropractic Association
info@mnchiro.com | (651) 358-2200

Minnesota Chiropractic Association | 1360 University Ave. W. Suite 104-125 | St. Paul, MN
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