



April 2023

Association News

MCA Sports Council Hosts Summit

The MCA Sports Council held an in-person event April 15 and 16 at Northwestern Health Sciences University. Thanks to our speakers, who gave engaging presentations on important topics such as chiropractic in sports, sports imaging and best practices for extremity complaints. Thanks also to LifeSavers for offering CPR certification during this event. We hope those of you who attended were able to take what you learned back to your practice.



Dr. Alan Sokoloff



Dr. Brandon Steele



Dr. Scott Mooring



Sandra Litman- CPR

Stronger Together at the MCA Annual Meeting

MCA's Annual Meeting will be held virtually on Thursday, April 27 at 12:15 p.m. CDT. MCA members are invited to take part in this important meeting to discuss association business and elect the officers of the association. Thank you to those of you who have registered to attend. One of the most valuable benefits as an MCA member is the ability to have your voice heard. We are stronger together, so join us and your Minnesota colleagues for this important event. Learn more [here](#).



Join MCA Today!

The Minnesota Chiropractic Association creates a community for doctors of chiropractic in the state of Minnesota. Membership in MCA offers many benefits, including continuing education programs, practice resources, the opportunity to advocate for the profession at the state level and more. Join today to amplify your voice and participate in the only organization in Minnesota dedicated to protecting and promoting your ability to practice your way. We are stronger together — [join MCA today!](#)

MCA GOLF OUTING IS BACK!

June 19, 2023
Legends Golf Course
8670 Credit River Blvd.
Prior Lake, MN 55372

DIRECTIONS



MCA's Annual Golf Outing Is Back!

Mark your calendars for Monday, June 19, and get ready for a day of fun at MCA's Annual State Golf Outing. Bring family, friends, coworkers or your team for a day of golf, food, prizes and more with your MCA colleagues. Proceeds from the event will support [MCPAC](#) in its efforts to fight for pro-chiropractic legislation in the state of Minnesota.

[Learn more.](#)

Support MCPAC: Sponsor a hole for \$150 or two holes for \$250

AGENDA

Monday, June 19, 2023

11:00 a.m.

Registration Opens
Putting & Driving Range Contest
Lunch (Sponsored by iSpine)

1:00 p.m.

Shotgun Start
(Beverage carts are running)

6:00 p.m.

Dinner, Awards & Silent Auction



MCPAC

Make your voice and the voice of your patients heard.

Contribute to MCPAC now!

accounts.

Donations made to MCPAC can ONLY be made from personal

District News

We want to hear from you. Tell us about an event you worked in your community, or share about your team or your practice. If it is special to you, it is special to us. Let's share it with your colleagues. Reach out to MCA or your District Leader to submit an item for the newsletter.

District Leaders

Central: Dr. Andrea Albertson
andrea.ohmann20@gmail.com

Dr. Sammi Shand
drsammi@chiroperformancecenter.com



Metro East: Dr. Adam Millsop
amillsopdc@gmail.com

Metro West: Dr. Rohin Sachdeva
drrohin@chanhaussenchiro.com;
 Dr. Christopher Dean
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Northeast: Dr. Alyssa Clarity
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Northwest: Dr. Dustin Johnson
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Southeast: Dr. Darren Roemhildt
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Southwest: Dr. Jennifer Stuvek
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Central District Hosts CE Dinner

Sponsored by:

On April 18, Central district held their CE dinner at Westside Learning & Event Center in Sartell, Minn. Dr. Stephen Fridinger presented on "Chiropractic Imaging Case Studies," and Dr. Derik Weldon presented on "Imaging of the Spine: Anatomy, Relevant Findings, & Interesting Case Review." Thanks to RAYUS for sponsoring the event, and thanks to everyone who attended.



Metro District Invites Members to CE Lunch

Metro district will host a CE lunch on May 11 at Redstone American Grill in Maple Grove, Minn. This event will be sponsored by RAYUS and feature presentations from TJ Ridley, MD, on "Hip Pain: Femoral Acetabular Impingement" and Jennifer Kendall Thomas, DO, on "Pain Management H&Ps and Injections." [Learn more and register here.](#)

Are you interested in setting up or sharing an event in your area? Reach out to your [district leader](#) or contact the MCA office 651-358-2200.

National News

Connect with Your Legislators During Spring Outreach Sessions

After a tumultuous start to the congressional session, the spring recess began April 1, when members of the U.S. House of Representatives and Senate went home to their districts and states. During this recess, members will hold town hall forums, listening sessions and other public events, some in a virtual setting, most live, geared toward gauging constituent views and interests. Doctors of chiropractic and students are encouraged to attend these public meetings, which provide an opportunity for DCs to build relationships with their representatives and senators and discuss H.R. 1610/S. 799, the Chiropractic Medicare Modernization Act. [Learn more.](#)

ACA Announces Theme for National Chiropractic Health Month 2023

The American Chiropractic Association recently announced the theme for National Chiropractic Health Month (NCHM) 2023. With the theme, "Chiropractic: Relieve, Restore, Resume," NCHM 2023 will focus on how musculoskeletal (MSK) pain and injuries can sideline people from life, but how chiropractic services can help them relieve their pain, restore joint function and resume the activities that matter most through an evidence-based, patient-centered and non-drug approach to MSK health. During NCHM 2023, DCs nationwide will share information about chiropractic's non-drug approach and encourage those who have been sidelined by MSK pain to consider chiropractic care alone or in conjunction with other treatments as a

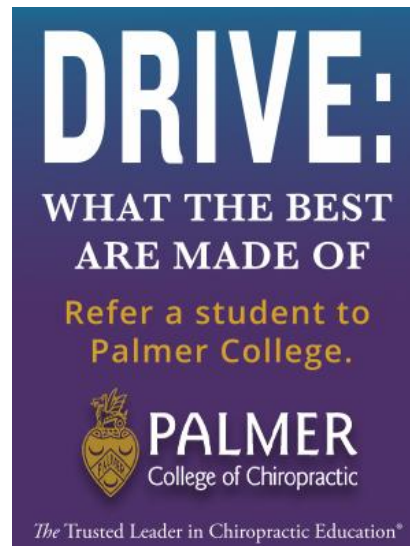
Professional Development

These upcoming classes are sponsored by:



- **Thursday, May 11 at 12:15 p.m. CDT:** Physical Rehab of the Injured Athlete with Mitch Green, DC, DACRB, FACC
- **Thursday, May 11 at 12 p.m. CDT: Metro District CE Lunch with RAYUS**
- **Thursday, May 18 at 12:15 p.m. CT:** CPT-Coding for Newer DCs, refresher and billing teams
- **Wednesday, May 31 at 12:15 p.m. CT:** Part II Documentation for Newer DCs, refresher and billing teams
- **[Learn more about webinars and register here.](#)**

More Classes



Classified Ads

Practices for Sale

- **Minnesota Practices for Sale from Practice Opportunities, Inc.**
 - **Practice for Sale – Twin Cities Southern Suburb**
 - **Practice For Sale in Edina, Minn.**
 - **Furnished Chiropractic Office for Lease in Eagan, Minn.**
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Jobs

- Practice Relief DC Available
- Front Desk Chiropractic Assistant – Twin Cities Metropolitan Area
- Immediate Opening for a Full-Time Chiropractor: Hutchinson, Minn.
- Chiropractic Associate Wanted: Alexandria, Minn.

[Check Out All Classifieds](#)

Are you looking to hire? Do you want to sell or buy? Let MCA help you. For more information click [HERE](#).

An advertisement for NCMIC (National Chiropractic Mutual Insurance Company). The background is dark blue. On the left, the NCMIC logo is at the top. Below it, the text "We take care of *you* first." is displayed, with "you" in yellow. Underneath this are four bullet points, each with an orange 'X' icon: "Not quotas.", "Not our executives.", "Not stockholders.", and "You." (which has a green checkmark icon). At the bottom left is a "Learn more >" link. On the right side of the ad is a photograph of a female chiropractor with glasses adjusting the neck of a male patient lying on a treatment table. A white box with the text "WE TAKE CARE OF OUR OWN." is overlaid on the bottom right of the ad, with a line pointing towards the photo.

Not currently an MCA member?

Become a member [online](#) or by [mail](#) and join the MCA community today!

Let's Connect!



Minnesota Chiropractic Association
info@mnchiro.com | (651) 358-2200



Try email marketing for free today!